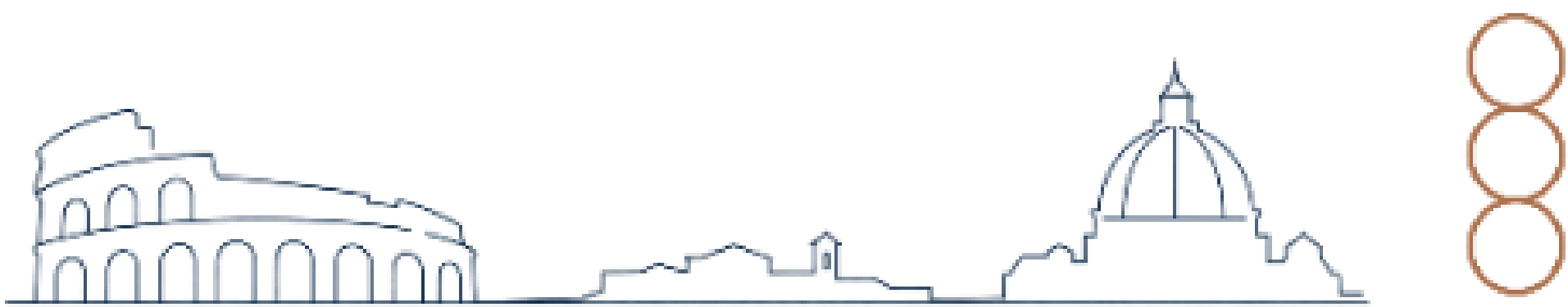


EATA RESEARCH CONFERENCE 2026

Toward Evidence-Based Transactional Analysis: Past, Present, Future



FRIDAY 11 DECEMBER 2026

DRAFT PROGRAMME

Updated 8 October 2026

Schedule and session details may be subject to change.

Time	BUILDING 1 - ADMINISTRATION BUILDING		VIRTUAL ROOM	BUILDING 2 - FSE FACULTY							
	Ground Floor			First Floor	Ground Floor		First Floor				Ground Floor
	Aula Magna - Paolo VI	Aula 2		Aula J. Vecchi	E01	E05	E12	E14	E15	E13	T01 - Aula Zatti
09:00	WELLCOME Wellcome and Greetings from EATA President's and Italian Presidents										
10:00	KEYNOTE SPEECH 60/90 min* Biljana Van Rijn Dead Model Walking? Why Reports of Decline of Transactional Analysis Psychotherapy Were Greatly Exaggerated										
11:00 - 11:30	COFFEE BREAK										
11:30 - 13:00	PANEL 90 min Moniek Thunnissen, Joel Vos What are we actually researching? An interactive panel discussion on TA questionnaires & a call to action	PANEL 4 90 min* Foschi Sara Efficacy, Effectiveness and Efficiency of Transactional Analysis for the Improvement of Mental Health and the Treatment of Mental Disorders. A Systematic Review 1961-2024.	WORKSHOP ONLINE 90 min Remfrey Foote Carol* Transactional Analysis (TA) focus on the theory and practice of using Outcome Measures (OMs) Zoom channel 3 SIMULTANEOUS ACCESS Zoom channel 1 Aula Magna - Paolo VI Zoom channel 2 Aula 2	WORKSHOP 90 min Tangolo Anna Emanuela Script Analysis and change assessment	STRUCTURED DISCUSSION 60/75 min* Luciani Manuel Making visible the invisible through research studies: The Didactic Therapy in Transactional Analyst's Training	WORKSHOP 90 min Lisei Enrico The Rhythm as an element of care in Psychotherapy					11:30 - 12:00 ORAL PRESENTATION Johnsson Roland What Counts as Evidence? Expanding the Foundations of Evidence-Based Transactional Analysis
											12:00 - 12:30 ORAL PRESENTATION Gnirke Katharina Boundary Organisation in Transactional Analysis: Toward an Integrative Framework for Clinical Understanding and Research
											12:30 - 13:00 ORAL PRESENTATION Danovaro Daniela Relational Needs and Psychological Outcomes: Integrating Global and Specific Effects for a More Differentiated Clinical Formulation
13:00 - 14:30	LUNCH TIME										
14:30 - 16:00	PANEL 90 min Bastianelli Laura Redecision Therapy and Memory Reconsolidation: From Clinical Tradition to Neurobiological Evidence	PANEL 4 90 min* POLTAVSKAIA YULIA Presentation of the Russian-Language Version of the JPAQ Personality Adaptations Questionnaire as Adapted by V. Petrovsky and Y. Poltavskaya: Modification and Modernization of the Instrument, Recent Research on the Relationship between Adaptive Styles and External Validity.	ONLINE ACCESS Zoom channel 1 Aula Magna - Paolo VI Zoom channel 2 Aula 2	WORKSHOP 90 min Ceridono Davide Instruments for the analysis and measurement of ego states and transactions, according to the social-cognitive transactional analysis model: the ASCI/SASB model and the ANINT questionnaires for practice and research	WORKSHOP 90 min Marconcini Andrea Theoretical Abstraction to Empirical Measurement: Building a TA Questionnaire through the APAT Experience	WORKSHOP 90 min Santarelli Gianluca Being a Secure Base Leader: Research Tools (Questionnaires) for Strengthening Your Leadership	WORKSHOP 90 min De Ambrogio Ugo Danilo Organizational cultures and changing interventions: a questionnaire to know better your organization				14:30 - 15:00 ORAL PRESENTATION Stojanovic Cehajic Kristina Philosophical Foundations of Transactional Analysis: Preliminary Findings from a Meta-Theoretical Study of Eric Berne's Work
											15:00 - 15:30 ORAL PRESENTATION BAVU MULENGA Script Injunctions, Substance Use, and Psychopathological Risk in Young Adults: Preliminary Findings and Italian Validation of the Script Injunctions Scale
16:00 - 16:15	TIME FOR CHANGING ROOM										
16:15 - 17:45	PANEL 90 min Messina Irene Transactional Analysis Psychotherapy for Anxiety Disorders: A Practice-Based Research Panel	PANEL 4 90 min* Foschi Sara Towards Practice-Based Evidence for TA in Generalised Anxiety Disorder: Building a Transnational Practitioner Research Network	ONLINE ACCESS Zoom channel 1 Aula Magna - Paolo VI Zoom channel 2 Aula 2	WORKSHOP 90 min Arianna Ascenzi Qualitative Research on TA Psychotherapy Outcomes	WORKSHOP 90 min Hartescu Mihaela-Leocadia Integrating the Self: A Practice-Based Inquiry into the Interplay Of Being a TA Professional on a Journey Through Parenthood	WORKSHOP 90 min CASELLA ANTONELLA WORK-RELATED STRESS AND ROLE CONFLICT The effectiveness of Transactional Analysis tools and concepts used to address the issue	WORKSHOP 90 min Vignoli Andrea Group psychotherapy: integration between group as a whole work and ono to one Redecision approach				16:15 - 16:45 ORAL PRESENTATION Tuchina Olga Remembering the Future: Empirical Evidence for Understanding Life Script as Implicit Future Thinking
											16:45 - 17:15 ORAL PRESENTATION Chirico Laura Assessment of the Development of Metacognitive Skills in a Group of Adolescents in Psychotherapy. Pilot Study.
17:45	POSTER SESSION Aula Magna - Paolo VI Poster are exposed in the main room since the first day. Come to have a walk among posters and interact with the authors, that will be glad to introduce you in 5 minutes to their work.										
18:00 - 19:00	SOCIAL EVENT Welcome aperitif hosted by the Presidents of the Italian associations to celebrate 50 years of Transactional Analysis in Europe and Italy.										

POSTER SESSION 17:45 AULA MAGNA - PAOLO VI											
1	POSTER De Luca Maria Luisa Empirical Validation of the "Grief and Growth" Therapeutic Model: First Step for a Pilot Pre-Post Study in Perinatal Grief Psychotherapy					4	POSTER Daniela Danovaro Relational Needs Satisfaction Profiles: A Model-Based Clustering Study and Their Associations with Psychological Functioning				
2	POSTER Mastromarino Luca Redecision and Memory Reconsolidation in Transactional Analysis: a study of the outcomes and processes of Redecision Therapy					5	POSTER Waldekranz Kerstin Cecilia Transactional Analyst and Mindfulness Practice: Ten Years of Experiential Pathways Useful for Practice-Based Evidence (PBE) Research.				
3	POSTER Sorella Sara Mind wandering during sustained attention induces different psychophysiological patterns in experienced meditators and naive participants: implications for Transactional Analysis					6	POSTER Vasale Massimo Measuring injunctions and drivers in psychotherapy with the ESPERO questionnaire: a naturalistic study in the CePI training clinics network				
							POSTER Spatola Francesca From Transference Field to Group Process: A Relational Clinical Model in Transactional Analysis with Narcissistically Vulnerable Young Adults				
							POSTER Ceridono Davide The network of CePI training clinics: instruments for practice and research in time-limited psychotherapy according Social-Cognitive Transactional Analysis model				
							POSTER Vecchio Arianna A Case Report of Manualized Brief Therapy: Implementing Transactional Analysis within a Child Neuropsychiatric Service				

KEYNOTE / PLENARY PANEL STRUCTURED DISCUSSION WORKSHOP ORAL PRESENTATION POSTER SESSION BREAK / LUNCH SOCIAL EVENT ONLINE ACCESS NO SESSION SCHEDULED

* Source wording retained pending clarification: keynote "60/90 min"; structured discussion "60/75 min"; English-language panel cells "Panel 4"; author cell "Remfrey Foote / Carol".